

# TIMETABLE TUESDAY 3.4.

## Running events

Time	Event	Type	Age	Heats	Time	Event	Type	Age	Heats
10:00	Pentathlon/		W35	1	15:11			W65	2
10:04	60 m H		M70-75	3	15:17			M65	3
10:16			W40	1	15:26			W60	2
10:20			W45	1	15:32			M60	3
10:24			W50-55	2	15:41			W55	2
10:36	68,6		W60	1	15:47			M55	2
10:40			W65-90	1	15:53			W50	2
10:44			M80-85	1	15:59			M50	2
10:54	800 m	Heats	M50	4	16:05			W45	2
11:18			M55	4	16:11			M45	2
11:46	60 m	Heats	M55	4	16:17			W40	2
11:58			M50	5	16:23			M40	2
12:13			M45	4	16:29			W35	2
12:25			M40	4	16:35			M35	2
12:37			M35	4	17:00	Pentathlon/	Finals	M80-85	1
12:58	800 m	S-Finals	W35	2	17:08	1000/ 800 m		M75	1
13:10			W40	2	17:16			M70	1
13:22			M35	2	17:22			W65-90	1
13:34			M40	2	17:29			W60	1
13:46			M45	3	17:36	"50"		W55	1
14:04			M60	2	17:43			W50	1
14:16			M65	3	17:50			W45	1
14:34			M70	2	17:57			W40	1
14:50	60 m	S-Finals	M75	2	18:03			W35	1
14:56			W70	2	18:15	800m	S-Finals	M50	2
15:02			M70	3	18:27			M55	2

## Field events

Time	Event	Type	Age	Time	Event	Type	Age	Time	Event	Type	Age
	Pentathlon										
10:30	Long Jump	A	M70	10:50	High Jump	A	W35,40	11:40	Shot Put	B	M75
10:40	Long Jump	B	M75	11:00	High Jump	B	W45,50	11:45	Shot Put	A	M70
11:25	Long Jump	A	M80,85	11:10	High Jump	C	W55,60	12:25	Shot Put	B	M80,85
13:50	Long Jump	B	W65-90	11:15	High Jump	D	W65-90	12:55	Shot Put	A	W65-90
14:10	Long Jump	A	W35,40	12:40	High Jump	D	M75	13:00	Shot Put	B	W35,40
14:50	Long Jump	B	W55,60	12:50	High Jump	A	M70	13:40	Shot Put	A	W55,60
15:15	Long Jump	A	W45,50	13:15	High Jump	C	M80,85	13:55	Shot Put	B	W45,50

## Non Stadia events

Time	Event	Age	Place	Time	Event	Age	Place
	Harju			11:30	Hammer	M85-95	B
11:00	XC 8KM	W55+		12:35	Hammer	M80	B
12:30	XC 8KM	M65+		14:10	Hammer	M75	B
14:00	XC 8KM	W35-50		15:30	Hammer	M70	B
15:15	XC 8KM	M55,60		12:00	Discus	W35,45	A
16:45	XC 8KM	M45,50		13:35	Discus	W40	A
18:00	XC 8KM	M35,40		15:00	Discus	W50	A
	XC= Cross Country			16:15	Discus	W55,60	A