

TIMETABLE THURSDAY 5.4.

Running events

Time	Event	Type	Age	Heats	Time	Event	Type	Age	Heats
9:00	200 m	S-Finals	M80	3	16:00	"50"		W60,65	1
9:09			M75	4	16:17			W50,55	1
9:21			W70	4	16:34			W35-45	1
9:33	"50"		M70	6	17:00	200 m	Finals	M90	1
9:51			W65	4	17:04			M85	1
10:03			M65	5	17:08			W80,90	1
10:18			W60	4	17:12			M80	2
10:30			M60	6	17:20			W75	2
10:48			W55	4	17:28			M75	2
11:00			M55	4	17:36			W70	2
11:12			W50	5	17:44	'50"		M70	2
11:27			M50	4	17:52			W65	2
11:39			W45	4	18:00			M65	2
11:51			M45	4	18:08			W60	2
12:03			W40	5	18:16			M60	2
12:18			M40	4	18:24			W55	2
12:30			W35	4	18:32			M55	2
12:42			M35	6	18:40			W50	2
13:10	3000 m Walk	Finals	M35-45	1	18:48			M50	2
13:35			M50,55	1	18:56			W45	2
14:00			M60	1	19:04			M45	2
14:25			M65	1	19:12			W40	2
14:50			M70,75	1	19:20			M40	2
15:20	3000 m	Finals	M80,85	1	19:28			W35	2
15:40			W70+	1	19:36			M35	2

Field events

Time	Event	Type	Age
9:00	Pole Vault	A	M75
9:30	Pole Vault	B	M70
11:35	Pole Vault	A	M65
12:50	Pole Vault	B	M60
13:40	Pole Vault	A	M55
15:30	Pole Vault	B	M50
16:25	Pole Vault	A	M45
18:50	Pole Vault	A	M35
19:05	Pole Vault	B	M40

Field events / Tent

Time	Event	Age
8:30	Weight	W75+
9:30	Weight	W70
10:45	Weight	W65
11:40	Weight	M65
12:58	Weight	M60
14:20	Weight	M55
15:33	Weight	M50
16:58	Weight	M45
18:08	Weight	M40
19:21	Weight	M35

Non Stadia events

Time	Event	Age	Place	Time	Event	Age	Place
	Harju			11:00	Javelin	W65,75+	A
11:30	Discus	M60	B	12:20	Javelin	W70	A
13:05	Discus	M65	B	13:35	Hammer	W55,60	A
14:30	Discus	M70	B	15:20	Hammer	W50	A
16:05	Discus	M75	B	16:35	Hammer	W35,45	A
17:35	Discus	M80+	B	18:05	Hammer	W40	A