

TIMETABLE WEDNESDAY 4.4.

Running events

Time	Event	Type	Age	Heats	Time	Event	Type	Age	Heats
9:00	Pentathlon/		M35	3	14:21			M80	1
9:12	60 m hurdles		M40	1	14:29			W75	1
9:16			M45	2	14:37			M75	1
9:26	3000m W		M80+	1	14:45			W70	1
10:02	60m H Pen		M50	3	14:53			M70	1
10:14	60m H Pen		M55	3	15:01			W65	1
10:26	3000m Walk		W65-75	1	15:09			M65	1
11:00	3000m Walk		W55,60	1	15:17			W60	1
11:30	3000m Walk		W35-50	1	15:25			M60	1
12:00	60m H Pen		M60	3	15:33			W55	1
12:12	60m H Pen		M65	1	15:41			M55	1
12:20	800m	Finals	W65,75,80	1	15:49			W50	1
12:26			M80+	1	15:57			M50	1
12:32			M75	1	16:05			W45	1
12:38			W70	1	16:13			M45	1
12:44			M70	1	16:19			W40	1
12:50			M65	1	16:27			M40	1
12:56			W60	1	16:35			W35	1
13:02			M60	1	16:43			M35	1
13:08	"50"		W55	1	16:50	1000m Pen	Finals	M40	1
13:14			M55	1	16:56			M45	2
13:20			W50	1	17:08	"50"		M35	2
13:26			M50	1	17:20	200m	Heats	M55	9
13:32			W45	1	17:47			M50	10
13:38			M45	1	18:17			M45	10
13:44			W40	1	18:47			M40	8
13:50			M40	1	19:20	1000m Pen	Finals	M55	2
13:56			W35	1	19:32	"50"		M50	2
14:02			M35	1	19:44			M65	1
14:05	60m	Finals	M85,90	1	19:50			M60	2
14:13			W80-90	1					

Field events / Pentathlon

Time	Event	Type	Age	Time	Event	Type	Age	Time	Event	Type	Age
9:40	Long Jump	A	M35	11:15	Shot Put	A	M35	12:50	High Jump	A	M35
9:55	Long Jump	B	M40	11:30	Shot Put	B	M40	13:05	High Jump	B	M40
9:55	Long Jump	B	M45	11:30	Shot Put	B	M45	13:05	High Jump	C	M45
11:20	Long Jump	A	M50	12:45	Shot Put	A	M55	14:20	High Jump	D	M55
11:20	Long Jump	B	M55	13:00	Shot Put	B	M50	14:55	High Jump	B	M50
12:45	Long Jump	A	M60	14:10	Shot Put	A	M60	15:35	High Jump	C	M60
12:45	Long Jump	B	M65	14:30	Shot Put	B	M65	16:40	High Jump	A	M65

Field events / Tent

Time	Event	Age
9:00	Weight	M80+
10:55	Weight	W50
12:25	Weight	W55,60
14:10	Weight	M75
15:30	Weight	M70
16:45	Weight	W40
18:10	Weight	W35,45

Non Stadia events DT=Discus, JT=Javelin, HT=Hammer

Time	Event	Age	Place	Time	Event	Age	Place
	Harju			10:00	HT	M65	A
11:00	DT	W75+	B	11:25	HT	M60	A
12:20	DT	W65,70	B	12:45	HT	M55	A
14:05	JT	W35,40	B	14:00	HT	M50	A
15:25	JT	W45	B	15:25	HT	M45	A
16:55	JT	W50,55	B	16:50	HT	M40	A
18:05	JT	W60	B	18:00	HT	M35	A